Tinsy

Wegovy® injection site rotation log

For Wegovy® injection only. Wegovy® tablets are taken by mouth and have no injection site.

Write your device and the date of the Instructions for Use you read. Choose each spot using that leaflet; this sheet records where you injected and does not tell you where or how to inject. Ask your prescriber or pharmacist about site choice.

My Wegovy® device: _____ **Leaflet date:** _____

Date	Area	Side	Skin at the spot	Notes or questions

Things to show my care team

Official excerpts and links to each device's Instructions for Use: tinsy.app/wegovy-injection-sites.

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Tinsy is a wellness diary, not a medical device. It does not diagnose, treat or give medical advice. Always talk to your prescriber about doses, side effects and anything that worries you.